

# C2

## BETTER HOMES, BETTER LIVES



**RESEARCH 2017-2018**

**APPENDIX C2 CHANGEMAKERS' DAY TOPICS**

## **APPENDIX C2 - CHANGEMAKERS' DAY OPPORTUNITY TOPICS**

**These topics were offered for discussion as they represented the opportunities that arose from the various phases of research. They were presented in three themes of housing, community and wellbeing and teams chose which they would work on.**

**A place to call home - Opportunities to invigorate the development of new specialist housing, and optimise existing mainstream housing, to deliver the right homes for older people, in the right places at the right price.**

1. What opportunities are there to develop pathway/step-down housing services to relieve pressure on the NHS and social care?
2. What opportunities are there to provide accessible (not only online), holistic and locally-based advice, information and support to older people and their families/carers on housing and related issues?
3. What opportunities are there to improve the provision of timely, preventative home adaptations to elderly people ageing in place?
4. What opportunities are there to develop housing with care facilities for older people in Cornwall?
5. What opportunities are there to help those older people living in sub-standard living conditions to improve, and then maintain, their homes ?
6. What opportunities are there to develop exciting and attractive, but future-proofed, housing that older people will want to move into?
7. What opportunities are there to bring together older people with spare rooms and low income workers looking for affordable housing, for mutual benefit ?
8. What opportunities are there to develop dementia-friendly housing and communities?
9. What opportunities are there to encourage and facilitate co-housing and self-build projects?

**One and all - Opportunities for individuals, organisations and communities to work together to support the vulnerable and build a stronger and more mutually supportive society**

1. What opportunities are there to build local neighbourhood networks that will provide a platform on which to build vibrant and caring communities?
2. What opportunities are there to bring together businesses and organisations to collaborate on products and services for the elderly?
3. What opportunities are there to develop local community centres offering, and enabling, day care services for young and old?
4. What opportunities are there to develop better transport options for those who do not have use of a car?
5. What opportunities are there to develop local 'drop-in' centres where people can access information and signposting about health and care related issues?
6. What opportunities are there to encourage self-managed, local mutual support groups to continue and build on rehabilitation and recovery ?

## **Making the most of life- Opportunities to help older people stay healthier, happier and independent for longer**

1. What opportunities are there to relieve the burden and improve quality of life for family carers?
2. What opportunities are there to change lifestyle behaviours of older people to improve physical and mental health?
3. What opportunities are there to provide age appropriate facilities for leisure and physical activities?
4. What opportunities are there to improve the quality of life for those older people who are socially isolated?
5. What opportunities are there to provide employment opportunities for older people who wish to continue or restart working?
6. What opportunities are there to use new and existing technologies to help people to stay independent in their chosen home for as long as possible?
7. What opportunities are there to educate the frail and elderly, and their carers, about how they can improve strength and balance?